Grandview winter 2018

Heights **COMMUNITY GUIDE**

Bubbles the Elf is Back! See page 6

A Message from the Mayor

Dear Neighbors:

I am writing this letter as we work with department heads to put together the 2019 budget. I was extremely pleased that the staff of the Grandview Heights Parks and Recreation Department has added a large number new events and programs to this 2018-19 schedule. Some of the additions include: outdoor movies; a children's area at the Grandview

Hop; summer camp events; a family game night; a garden camp; adult kickball; and an adult yard game tournament. Director Mike Patterson and supervisors Marta Durban and Taylor Lindsey are very enthusiastic about these new programs.

The mid-fall schedule calls for a community celebration of the completion of the expanded Grandview Heights Veterans Memorial. The memorial project turned out beautifully as a very touching and fitting tribute to members of our community who lost their life in service to our country. The official dedication ceremony for the park at Northwest Boulevard and Second Avenue

will take place at 3 p.m. on Veterans Day, November 11, 2018. That day also marks 100th anniversary of the end of World War I, an event first celebrated as Armistice Day that Congress later recast as Veterans Day.

I again wish to express my deep appreciation Dr. Tom Williams and his family for their generous contribution that permitted the City to expand the Grandview Heights Veterans Memorial.

Another event I am especially excited about this year is the annual Christmas tree lighting scheduled for December 4. And bring your skates as the Grandview Heights Parks and Recreation Department has arranged the installation of an artificial ice rink for residents to enjoy as part of the festivities.

The 2019 City budget also includes additional funding to implement a more aggressive and expanded tree maintenance program. To this end, the City recently contracted with arborist Drew Todd to inspect and catalog the trees along the City's streets trees and to work with the park's staff. I would also like to take this opportunity to welcome Andy Grau as our new supervisor of Parks. He is a great addition to the department's management team.

Likewise, the Service
Department has requested
additional funding to increase
the frequency of sanitary and
storm sewer lines inspections
throughout the City. The goal is
to inspect all lines yearly.

The Community and the "Spaces and Places" plans are in the later stages of the planning process after several months of hard work by committee members and input and insights from Grandview Heights residents. There will be a meeting of the Steering Committee on November 13th that residents are welcomed to attend. Please check our website for details. The first draft of the plan will be on our website

around the first of the new year. We would appreciate to have your feedback on the drafts.

In the meantime, please take the opportunity to enjoy the Parks and Recreation programs and activities listed in our brochure. Here's hoping you stay active, be involved in the community and be safe. Sign up at www.grandviewheights.org for updates on community activities, events and safety services. Also look for community updates on the Mayor's Blog: "Tuesday Top 5"

See you around the town,

Mayor Ray DeGraw

Grandview Heights Parks and Recreation Staff (614) 488-3111

Mike Patterson

Director (614) 488-3880 mpatterson@grandviewheights.org

Pam Martin

Department Secretary (614) 488-3111 pmartin@grandviewheights.org

Marta Durban

Recreation Supervisor (614) 481-6203 mdurban@grandviewheights.org

Taylor Lindsey

Recreation Supervisor (614) 481-6202 tlindsey@grandviewheights.org

Andy Grau

Parks Maintenance Supervisor 614-481-6201 agrau@grandviewheights.org

> Jason Frabott Sean McCreary Zach Anderson Mitchell Lippencott Parks Maintenance

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Grandview Heights City Council

Ray E. DeGraw Mayor

Greta KearnsPresident of City Council

Chris SmithVice President of City Council

Steven D. Gladman City Council

> Emily Keeler City Council

Anthony S. Panzera City Council

Melanie Houston City Council

Steven R. Reynolds City Council

Patrik Bowman Director of Administration

Grandview Heights Parks and Recreation Advisory Board

Dan Headapohl Chair

Steve McIntosh

P'Elizabeth Koelker

Kelly Heal

Eric Walli

Jack Low

Timothy Galvin

Kendy Troiano Marble Cliff Representative

The Parks and Recreation Advisory Board regularly meets on the second Thursday of each month at 7:00 p.m. in City Council Chambers

Community Phone Numbers

Police, Fire or Squad EmergencyDial 9-1-1
Grandview Heights City Hall (614) 488-3159
Parks and Recreation Department(614) 488-3111
Municipal Pool
Service Department
Police Department
Fire Department
Grandview Heights Board of Education(614) 481-3600
Village of Marble Cliff (614) 486-6993
Grandview Heights Public Library (614) 486-2954
Grandview Heights Weather Line (614) 340-5401
Tri-Village Chamber Partnership (614) 486-0196

A YEAR FULL OF GREAT TIMES IN

GRANDVIEW HEIGHTS

Leprechaun Hunt March 16, 2019



Easter Egg Hunt April 20, 2019



Great Grandview Heights Garage Sale May 4, 2019



Memorial Service May 23, 2019



Pool Opening May 25, 2019 Memorial Day Parade May 25, 2019



Music on the Lawn Tuesdays, June-July, 2019



2019 Tour de Grandview Bike Race June 14, 2019



Mayor's Picnic



Auditions for the Adams Family January 16, 2019





Christmas in July July 25, 2019



National Night Out August 6, 2019



Tri-the-Heights Youth Triathlon August 31, 2019



Great Pumpkin Run October 26, 2019



Beggars' Night October 31, 2019



Tree Lighting Ceremony December 4, 2018



Special Events

Memorial Park Plaza Dedication



Help us celebrate the addition of the new Memorial Park plaza as we cut the ribbon and remember the service men and women who have served this country.

Date: Sunday, November 11 Time: 3:00 p.m. Location: Memorial Park on the corner of Oxley Rd. & Northwest Blvd. Open to everyone!

Holiday Tree Lighting

Come help us celebrate the season with the lighting of the Community Holiday Tree.

New this year: Iceless Ice Rink–FREE to the community, we rented an iceless ice rink for all to enjoy. We will have skates available to borrow, or feel free to bring your own. Each participant must sign a waiver prior to skating.

There will be an opportunity to visit Santa too so don't forget to bring a camera. The winners of the holiday coloring contest sponsored by Pathways Financial Credit Union will help flip the switch. Tree lighting will include carol singing with the Grandview High School Singers and refreshments to warm your spirits.

Clay Café will have flat or ball ornaments available for purchase that can be decorated at the event. Finished fired ornaments will need to be picked up at Clay Café (1644 W. 5th Ave.)



Date: Tuesday, December 4 Location: Grandview Center, 1515 Goodale Blvd. Ice Rink will be here from 3:00–8:00 p.m. All Other Events Begin at 6:30 p.m.





Holiday Coloring Contest

All pictures must be turned into Grandview Heights Parks and Recreation (1515 Goodale Blvd) or Pathways Financial Credit Union (1445 Goodale Blvd) no later than 12:00 noon Monday, December 3. Winners will be recognized and awarded prizes at the City of Grandview Heights Holiday Tree Lighting Ceremony, Tuesday, December 4 at 6:30 p.m. Awards sponsored by Pathways Financial Credit Union. First place \$50, Second place \$25, and Third place \$10.

We will send out a coloring page to all students in K-6th grade at Stevenson and Edison. You can also pick one up at one of the following: Pathways Financial Credit Union, Grandview Center, City Hall, Grandview Library.

Santa's Coming to Town

Welcome Santa to the Grandview Heights Public Library as the Grandview Heights Fire Department drops Santa off at the front door on the city's fire truck! Santa will meet with kids in the meeting room and parents are welcome to take their own photos, so don't forget vour camera! Children can make a holiday craft and visit with Rosie the Comfort Dog from Atonement Lutheran Church too. Program is provided by the Grandview Heights Parks and Recreation Department and the Grandview Heights Public Library.

> Date: December 8 Time: 11:00 a.m.–12:00 noon Location: Grandview Heights Public Library

Special Events

Bubbles the Elf

Bubbles is Back! Bubbles is Grandview Heights' Holiday Elf. He will be dropping by local businesses from December 1–December 20. You will need to follow the City's social media for this activity. We will post hints of where Bubbles is each day by 9:00 a.m.

@grandviewheightsoh – facebook @cityofgrandviewheights – instagram

What is this? You ask...

- 1. Find Bubbles the Elf at local businesses (every day is a different business)
- 2. Snap a picture of you with Bubbles
- 3. Post picture on Facebook /Instagram & use hashtag #BubblesTheElfGrandview. Be sure your Facebook/ Instagram is PUBLIC during this time so we can see your post, private posts do not come up with searches.)
- 4. Repeat steps 1–3 every day from December 1–December 20.

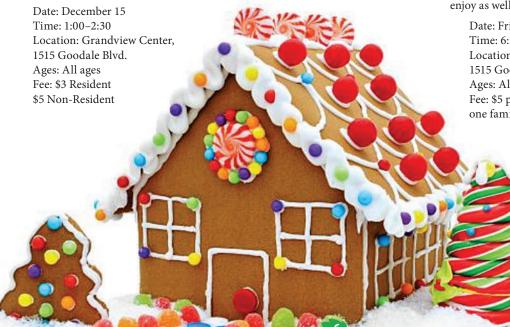
Parks and Rec will constantly monitor the hashtag and put your name in a hat for each time you post a different picture at a different store (one picture per store per person). So if you follow him all 20 days. you will have 20 names in the "hat". On December 21 we will pull names out and announce the winners. Be sure your social media accounts are public for this activity so we can see your post! Tune in to Facebook Live Friday to see if you won a prize! Winners will need to message us for more information on how to pick up prizes. No Registration Necessary!

Businesses interested in sponsoring please email Taylor tlindsey@grandviewheights.org



Gingerbread Decorating Party

Bring your family and friends to this festive event at the Grandview Center and decorate a gingerbread house from scratch. Grandview Parks and Recreation will provide icing and graham crackers. You and your team of choice can bring edible decorations to create a masterpiece. All ages are welcome. We prefer children under 10 are accompanied by an adult. Hot Chocolate will be provided. Each participant must register. Register today to save your seat! visit https://grandviewheights.recdesk.com/Community/Home



Family Fun Night

Challenge your family to get out of the house on a winter evening and compete against other families in our Family Fun Night. We will warm up with hot coco as we play a variety of minute to win it games, and other activities. We will have a few carpet games and board games for you and your family to enjoy as well. Preregistration is required.

Date: Friday, January 18
Time: 6:30–8:30 p.m.
Location: Grandview Center
1515 Goodale Blvd.
Ages: All ages
Fee: \$5 per family (only need to register one family member)



Build a Snowman Grandview Heights

3 Easy ways to enter

- 1. Post on social media using hashtag #BuildASnowmanGH
- 2. Email photo to TLindsey@grandviewheights.org
- 3. Bring a hard copy of photo to Grandview Center, 1515 Goodale Blvd.

Rules:

- 1. Must be Grandview Heights Resident
- 2. May use any materials you choose
- 3. Must be a 2018/2019 creation
- 4. Entries must be in by: Tuesday, January 22, 10:00 a.m.

Tune in to Facebook Live to hear the winners. https://www.facebook.com/grandviewheightsoh/

If you post your picture on social media using our hashtag #BuildASnowmanGH be sure your post or page is PUBLIC until Tuesday or you will not be eligible to win.

This event is happening no matter what the weather is like during the event. Remember, you can use any materials to make your snowman.

Letters to Santa

Would you like to receive a letter from Santa? Write a letter to Santa and he will send you a letter back! Drop it off at one of the locations and include an envelope with child's address enclosed. Or email your letter and you'll get a response in the mail. Be sure to include address. Mailboxes are open from November 27–December 19.

- 2 Mailbox Locations:
- 1. Grandview Heights Parks and Recreation Department: 1515 Goodale Blvd.
- 2. Grandview Heights Public Library: 1685 W. First Ave.

Email Santa: Santa@grandviewheights.org

Note: You will not receive an email back; you will receive a letter in the mail.

Big Game Tailgate Party

Football Sunday! Join us at the High Bank Distillery as we have family style games and prizes for all ages. We will be showing the BIG GAME throughout the restaurant. Come and go as you please. We will draw all of our prizes at halftime. Enjoy dinner drinks at the restaurant.

Date: Sunday, February 3 Time: 4:30–11:00 p.m.

Location: Grandview Theatre & Draft House

Ages: All ages Fee: Free

Youth Programs

Kinderhoops

This program will introduce kindergarten age boys and girls to the fundamentals of basketball. Each child will be given the opportunity to learn and develop their basketball skills. Limited to 20 participants.

Dates: Saturdays, January 5– January 26

Time: Session 1 9:00–9:45 a.m. Time: Session 2 10:00–10:45 a.m. Location: Stevenson Elementary

Grade: Kindergarten Fee: \$45 Resident; \$62 Non-

Resident

Basketball Leagues

Players registered to play in the Parks and Recreation league are encouraged to participate in clinics run by High School and Middle School coaches. Clinics will include skill instruction and small games.

We will have a team draft November 11, and all players will find out their team November 18.

Dates: Sundays: November 4, 11, 18 Time/Girls: 1:00–2:00 p.m. Time/Boys: 2:00–3:00 p.m. Location: Larry Larson Middle School Gym

Basketball League information:

Games will begin the week of December 2 No games December 23, December 30, or January 6.

No practice from December 24–January 4 Resident no jersey – \$70 Resident needs jersey – \$86 Non-Resident no jersey – \$96 Non-Resident needs jersey – \$110 Location: Larry Larson Middle School Times: Sundays 12:00–4:00 p.m. (1-hour game time) December 2–February 3

Grades: 1st-4th

Little Ballers Basketball

Bally Sports Group provides children with a fun and educational first basketball experience! Players are taught the fundamentals of dribbling, shooting, passing, rebounding, defense, and the concept of game play. The curriculum incorporates teaching styles that help this age group build an understanding of the skills that are taught by utilizing fun terminology and engaging activities. A positive and encouraging atmosphere is created in which kids learn proper sportsmanship. Each week players participate in developmentally appropriate instruction and modified, recreational game play.

Children should bring the following items to each class: Water Bottle, Athletic Pants and Shoes.

Dates: Sundays January 6–February 10 Time: 1:00–2:00 p.m. or 2:00–3:00 p.m. Location: Stevenson Elementary Gym

Ages: 3-4

Fee: \$70 Resident; \$85 Non-Resident



Introducing Bally Sports!

Aaron Bally, founder of Bally Sports Group LLC, has worked in the health, sports and recreation field for over 10 years. Aaron offers vast amounts of encouragement, creating a positive environment as he shares his expertise and passion for a healthy and active lifestyle with others. Introducing Bally Sports Group! The combination of Aaron's own sports journey, education, skills and enthusiasm for working with children has led to the formation of Bally Sports Group. Bally Sports Group will specialize in running recreational, fundamental focused sports programs for children ages 3-12 in a wide variety of sports. Bally Sports Group has partnered with a physical education professional and a sports psychologist to carefully craft curriculum for each program.

Bobcat Ski Club

The Bobcat Ski Club is set to race down the hills of Mad River Mountain.

High School

Dates: January 3–February 7 Grades: 9th–12th Time: 3:00–9:30 p.m. Transportation fee: \$110

Middle School

Dates: January 10–February 7 Time: 3:00–9:30 p.m. Grades: 6th–8th Transportation fee: \$90 Buses will pick-up & drop-off participants at the Grandview Heights High School or Larry Larson Middle School.

Program Registration: Begins Tuesday, November 6. All participants (High & Middle School) must register at www.grandviewheights.org/ onlinereg

Contact Taylor Lindsey (tlindsey@grandviewheights.org or 614-488-3111) for username & password for discount pricing.

Participants are responsible for both the Transportation Fee (payable to Grandview Heights Parks and Recreation) and Ski Pass purchase (payable to Mad River Mountain).

High School and Middle School programs limited to 45 participants each.

Program limited to Grandview Heights/ Marble Cliff Residents only.

Non-refundable and non-transferable.

Registration Deadline is Wednesday, December 19.



Children's Dance with Irene

Children, ages 3 to 4 years, will learn the basic techniques in ballet and tap. Focus will be on movement combination while having fun.

Dates: Tuesdays, January 8–May 28 Time: 3:30 p.m. Location: Grandview Center 1515 W. Goodale Blvd.

Fee: \$30

Special Needs Dance

Saturdays January 5-May 25 Time: 10:00 a.m.-11:00 a.m. Location: Grandview Center 1515 W. Goodale Blvd.

Fee: \$30



Youth Programs

5Columns.org

Grandview's New Public Art Project

Amy Rich project with Mrs. Doran - November (RLS Guidance Counselor)-November 30, 2018 Amy is a visual artist from Indiana who works primarily with fabrics and found objects. She has a background in sculpture but also draws from a childhood spent making things with scraps from her Mom's sewing projects. She loves to share this joy of creation with her students, especially by building things that use fabric as a simple, versatile, and forgiving material. Her collaboration with students at RLS will produce figurative sculptures that are intended to explore the connections between materials, the sense of self, craft and contemporary fine art.

Rick Goehring project with Mr. Petit (RLS Music teacher)–February 2019

Rick is a furniture maker and a banjo player. This project will bring both these skills together in the creation of musical benches for the columns. His goal is to inspire an appreciation of traditional art forms and the traditional art process. In this residency he will share his techniques and describe how traditional processes informs and inspires his work. This sharing includes elements of history, cultural diversity, creative expression and an exploration of traditional arts.

ArtWalk

Watch out for the state amphibian, a spotted salamander, appearing on sidewalks all over Grandview #spottedGH

This public art project belongs to the Grandview Community. To support us with your time, money or ideas, please visit: 5.columns.org/donate



Grandview Carriage Place Drama Program

A Christmas Carol

The drama program for Grandview Carriage Place Players will hold open auditions for "A Christmas Carol"! We will be Celebrating the 175th year of "A Christmas Carol" and the Holiday Season.

Show Dates: December 14, 15 at 7:00 p.m. Columbus Performing Arts Center For more information on the program contact Marta at 614-481-6203

The "Adams Family" 2019

Auditions: Grandview Center 1515 W. Goodale, Tuesday, January 15th at 6:30 p.m. Carriage Place Recreation: Wednesday, January 16, 2019 at 6:30 p.m.

Show Dates: March 15, 16, 17 at 7:00 p.m. Performing Arts Center For more information on the program contact Marta at 614-481-6203







Adult Programs

OSU Tail Gate Party at Grandview Center

Join the free fun afternoon playing games, eating and watching OSU Game at the Grandview Center! Bring your favorite food to share and have a great time with friends.

Date: Saturday, November 3 Time: 11:30 a.m. – till the OSU game is over! Location: Grandview Center,

Stop the Bleed

1515 W. Goodale Blvd.



Grandview Heights Fire Department will have a class on how to handle an emergency and first aid when needed during an event or disaster.

> Date: Wednesday, January 16, 2019 Time: 10:00 a.m.–12:00 noon Location: Grandview Center, 1515 W. Goodale Blvd. Must Register for this free Class: www.grandviewheights.org

Life Line Screening

Preventive ultrasound screening for those with key cardiovascular risk factors.

Date: Thursday, November 1 Time: 9:00 a.m.-4:00 p.m. Location: Grandview Center, 1515 W. Goodale Blvd. Pre-registration required, call: 1-888-653-6450

Grandview Center's "Volunteer Club"

This group is made up of those who are community and Grandview Center minded. We meet the first Wednesday of each month to enjoy fellowship. Snacks provided. The focus of the club is to help with special events in Grandview. For information contact Marta at 614-488-3111.

Date: First Wednesday of each month Time: 12:00 noon Location: Grandview Center lobby, 1515 W. Goodale Blvd.

Metro Park Walk

Join Marling for the last Metro Park walk. The group will meet at Grandview Center. From there load up on the bus and journey to a metro park for a one-mile hike. Bring a sack lunch and be ready to enjoy exploring nature in the cooler fall months. Must sign up, seating is limited. Must be a Member of the Center.

Date: Wednesday, November 28 Depart: Leave Grandview Center at 10:30 a.m.–1:30 p.m.



Guys Night Out

It's not Saturday – But who are we kidding, everyday is for the boys! Travel with us to Brand New Top Golf- Columbus to enjoy some quality time with the boys.

We will meet at the Grandview Center at 6:00 p.m. and drive the Party Bus to Polaris area for Top Golf. Bring your own golf clubs or rent for free there.

Price includes: ride, 2 hours of game play, and appetizers. Beverages Not Included.

Date: Thursday, February 21 Time: 6:00–10 ish Fee: \$45

Location: Meet at Grandview Center to ride to Top Golf Columbus

Ages: 21 and up



Winter Pickleball

Keep warm and stay active this winter by playing pickleball inside Stevenson Elementary School Gym. We have room for 1 court. up to 4 players at a time. Must register online.

Date: Fridays 7:00-9:00 p.m.

November-February

No class November 23, 30, or January 25

 $Location: Stevenson \ Elementary \ School \ Gym. \ Enter \ north \ doors \ by \ parking \ lot.$

Fee: Free with center membership

Adult Programs

Chair Volleyball

Meets every Tuesday & Thursday at 10:00 a.m. in the Center for energizing fun.



Wii Bowling

Have fun, meet new friends and keep moving!

Time: Tues & Thurs at 11:00 a.m. Location: Grandview Center 1515 W. Goodale Blvd.

Fee: Free with center membership

Euchre Card Group

Date: Thursday Nights Time: 6:30–9:30 p.m. Doors open at 5:30 p.m. Fee: Membership required and 50¢ to play.

Cardio Line Dance

Get up and dance! This class is a great way for all ages to exercise while learning the latest steps in Line Dance. You will increase your coordination, flexibility and endurance while having fun. There will be opportunities to perform at local businesses and festivals as a "Jollystepper".

Instructor: Mary Ervin

Zumba Gold Baby Boomers 50 Plus

Class is designed for active adults, all beginners will look like a pro! Sweating off pounds to a Latin beat while doing basic, fun dance moves. The continuous movement is lower impact and will increase cardio endurance, help improve balance and burn calories.

Time: Wednesdays at 8:00 a.m. Instructor: Mary Ervin



NETA Certification

Hosted by Grandview Center.

NETA Group Fitness Certification Date: Saturday, January 26 Time: 8:00 a.m. Location: Grandview Center 1515 W. Goodale Blyd.

NETA Senior Fitness Certification Date: Sunday, January 27 Time: 8:00 a.m. Location: Grandview Center 1515 W. Goodale Blyd.

Contact NETA: 1-800-237-6242

Low Impact Aerobics and Sculpting

A low-impact exercise experience will focus on total body conditioning using continuous movement and proper posture techniques. The class combines large muscle movement while increasing muscle strength and flexibility using free weights. Get toned, burn calories and increase endurance.

Instructors: Sandy Wilson & Ria Bell



Moving Core Class

This class is designed to move at a moderate, continuous pace. Movement combinations and exercises will use large muscle groups to help increase flexibility, improve balance while burning calories and increasing core awareness.

Instructor: Marta Durban

Tai Chi for Balance

Class will enable one to learn how to focus and use meditation breathing with age-old techniques of movement that helps bring healing and body awareness with increased strength and flexibility.

Date: Tuesday & Thursday Time: 10 a.m.

Instructor: Bruce Bradley



Yoga

Receive a practical working knowledge of the primary postures and principles of Yoga. The pace is slower. The focus will be on breathing, and a combination of stretches and postures, which will have a calming and centering effect. Participants need to be able to do floor work and provide your own mat. Advanced Yoga meets on Monday at 7 p.m. and Intermediate Yoga on Saturday at 9 a.m. Beginning Yoga on Wednesday at 6 p.m.

Instructors: Vanessa Welch and Sherri Sobel



Therapy Stretch

The class will be in chairs and standing, focus is on a slower pace with combination of stretches and gentle posture positions that increase balance strength. Class is designed for those who have physical limitations and are looking to improve circulation and range of movement.

Date: Fridays Time: 10 a.m.

Instructor: Marlin Cheyney

Disco Dance

Dates: Fridays, January–February

Time: 11:00 a.m.

Location: Grandview Center 1515 W. Goodale Blvd.

Fee: Free with center membership

Instructor: Mary Ervin

Tap Dance

Dates: Fridays, January-February

Time: 12:00 noon

Fee: FREE with membership.

Instructor: Mary Ervin

Weight Watchers

Improve you health while learning about better nutrition at the Weight Watcher's meeting at Grandview Parks and Recreation Dept. Keep up your fitness by adding an exercise program offered at Grandview Center.

Date: Thursdays Time: 5:00–6:30 p.m. Location: Grandview Center 1515 W. Goodale Blvd.



Adult Programs



Art Club

Katherine Roessler will guide you in learning creative ways to paint and use different textures and mediums. No experience necessary, bring your own materials and learn how to express yourself in art. For information contact Marta at 488-3111.

Date: Tuesdays Time: 10:00 a.m.–12:00 noon Location: Grandview Center Fee: Free with center membership

Book Club

Barbara Parmalee will lead the group, come and bring your ideas and books to share! Great way to grow and make friends.

Date: First Tuesday of month Time: 12:00 noon Location: MCL at Kingsdale Shopping Center Leader: Barbara Parmalee, 614-598-5369

Blood Pressure Checks

Capital Health will be in the Grandview Center lobby.

Dates: Fourth Tuesday of each month Time: 8:30 a.m.–10:30 a.m. Location: Grandview Center 1515 W. Goodale Blvd.

Capital City Gardens will be in the Grandview Center lobby.

Dates: Second Tuesday of each month Time: 8:30 a.m.–10:30 a.m. Location: Grandview Center 1515 W. Goodale Blvd.

Medical Mutual

Daniel Rankin will be at the Grandview Center the third Tuesday of each month to answer questions Medicare as a representative of Medical Mutual. Daniel Rankin, 614-795-4358.



Medigold

Visit Kurt of MediGold on the last Thursday of each month. He will be available to answer healthcare insurance questions, including those related to Medicare. For more information call Kurt Miller at 614-546-3155

> Date: Last Thursday of each month Time: 12:00 Noon Location: Grandview Center 1515 W. Goodale Blvd.

Community Concierge Club



Capital Health Care Network's
Community Concierge Club in the TriVillage Area works as a resource to help
seniors age at home by providing health
care information, services, and options
in order to increase the likelihood of
making more informed decisions. A team
of experienced healthcare professionals
will be providing the following services
and more:

- Monthly Blood Pressure Checks at Grandview Center.
- One on one consults during a scheduled Center visit.
- Free Lunch & Learns at Grandview

 Center
- Answers to Medicare questions especially during Annual Open Enrollment Period
- Resources for managing specific chronic diseases.
- Information and support for those facing dementia and/or Alzheimers
- Education and information on fall prevention, including FREE home assessments and tips.
- FREE balance screenings and Falls Risk Assessments
- Bedside visits during Hospital or Nursing Home stays.
- Access to private duty services at home.
- Caregiver support and information.
- · Call the Nurse First Program



Membership is free. Each member will receive their own wallet size card and key ring card with a dedicated Community Concierge Club phone number along with exclusive access to a special website portal at capitalhealthhomecare.com. Sign-up today at Grandview Center or by calling 614-488-3111.



Adult Programs

Fitness & Dance

TIME	CLASS	INSTRUCTOR
	MONDAYS	
8:00 a.m.	Heavy Free Weights	Ria Bell
9:00 a.m.	Moving Core, Stretch & Strength	Marta Durban
9:00 a.m.	Tony's Stretch & Chair	Tony Petrella
10:00 a.m.	Cardio Line Dance	Mary Ervin
12:00 p.m.	Cardio Line Dance	Mary Ervin
5:45 p.m.	Total Body Conditioning with Weights	Frances Rourke
7:00 p.m.	Yoga (Advanced)	Vanessa Welch
	TUESDAYS	
8:00 a.m	Cardio Mix with Weights	Sandy Wilson
9:00 a.m.	Free Weights, Shape and Strengthen	Marta Durban
10:00 a.m.	Chair Volleyball (Sporting Fun)	Marlin Cheyney
10:00 a.m.	Tai Chi	Bruce Bradley
11:00 a.m.	Wii Bowling	Marlin Cheyney
	WEDNESDAYS	
8:00 a.m	Zumba Gold	Mary Ervin
8:00 a.m	Tony's Stretch & Chair	Tony Petrella
9:00 a.m.	Core Strength & Stretch	Marlin Cheyney
10:00 a.m.	Cardio Line Dance	Mary Ervin
10:00 a.m.	Beginning Exercise & Chair Yoga	Sandy Hull
5:45 p.m.	Heavy Free Weights	Julie Panzera
6:00 p.m.	Beginning Yoga	Sherri Sobel
	THURSDAYS	
8:00 a.m	Total Body Sculpting and Firming	Ria Bell
9:00 a.m.	Free Weights, Shape and Strengthen	Marta Durban
10:00 a.m.	Chair Volleyball (Sporting Fun)	Marlin Cheyney
10:00 a.m.	Tai Chi Balance a Body Awareness	Bruce Bradley
11:00 a.m.	Wii Bowling	Marlin Cheyney
	FRIDAYS	
8:00 a.m	Total Body Sculpting and Firming	Ria Bell
9:00 a.m.	Free Weights, Shape and Strengthen	Marta Durban
10:00 a.m.	Therapy Stretch	Marlin Cheyney
5:45 p.m.	Heavy Weights	Gayna Gilbert
	SATURDAYS	
9:00 a.m.	Yoga	Vanessa Wech
11:00 a.m.	Yoga	Vanessa Wech

 $Membership \ and \ Activity \ fee \ required \ to \ take \ classes \ listed \ above. \ Resident \ membership \ \$15 \ per \ year. \ Non-Resident \ \$25 \ per \ year.$

Adult Luncheons

NOVEMBER

Marlin's Tailgate Party at Grandview Center!

Meet at GV Center for food and fun games as we watch OSU and Nebraska play! Bring a dish to share, canned goods for food pantry.

Date: Saturday, November 3 Time: 11:30 a.m. till game is over Fee: Free with center membership

Have Lunch and Time to decorate for the Holidays!

Date: Wednesday, November 7

Time: 12:00 noon

We need all your creative help!

Volunteer Lunch & Decorating

Volunteers will enjoy lunch as we decorate

for the Holiday Season.

Date: Wednesday, November 7

Time: 12:00 noon

Location: Grandview Center,

1515 W. Goodale Blvd.

The Wine Bistro

Travel to Lane Ave. and enjoy lunch.

Date: Friday, November 9 Depart: 10:45 a.m.

Thanksgiving Lunch at the Center

Enjoy kicking off the Holidays with a Thanksgiving lunch, great food from First Community Village and other sponsor, Jollysteppers dance and fun fellowship with friends. All Fee, sign up in the GV Center lobby.

Date: Friday, November 16

Time: 12:00 noon

Bring canned food donation for the food

pantry!

Grandview Center Closed: November 22nd & 23rd for Thanksgiving Celebration

Der Dutchman

Great food and shopping at the gift shop.

Date: Friday, November 30

Depart: 10:30 a.m.

DECEMBER

La Scala

Ready for lunch and pasta! Date: Friday, December 7 Depart: 10:30 a.m.

Annual Christmas Breakfast

The staff makes the food and the sponsors bring the goodies and we have a holiday celebration great for all. The Jollysteppers dance and we can too! Don't miss the free fun for everyone!

Date: Tuesday, December 11

Time: 9:00 a.m.

Location: Grandview Center, 1515 W. Goodale Blvd. No Exercise that morning,

just fun!

Christmas Luncheon for City Employees and Volunteers

Bring a dish to share! Date: Thursday, December 13 Time: 11:00 a.m.–1:00 p.m. Location: Grandview Center, 1515 W. Goodale Blvd.

JANUARY

Bravos at Lennox

Date: January 11 Time: Depart 10:30 a.m.

SPAGIO

Date: January 18 Time: Depart 10:30 a.m.

Grandview Café

Date: January 25 Time: Depart 10:30 a.m.









2018 Most Valuable Players Award

The Grandview Parks and Recreation Department wishes to thank the following for helping us "Build A Future"

Accountable Home Care Advanced Wellness AFP Alexamder Planning

Aladdins Astoria Place

AAA Care

Bally Sports Inc.
Banner Metals

Bella Care Hospice

Blitz 99.7

Brenz Pizza Camp Bow Wow

Canine Social Club

Capital City Gardens Capital Health Home

Care Concierge & Scioto Communities

Carriage Court of

Hilliard

Central City Church Central Ohio Triathlon

Club

Comfort Keepers Courtyard Marriott

Cozy Caregivers

Crown Pointe Darby Glenn

Destination Grandview

Dietz and Watson

Doggie Day Spa

Downsize

Dublin Assisted Living

Dublin Retirement Village

First Community

Village

First Light

FOP Foundation Lodge 9

Franklin County Sheriffs Office

Giant Eagle

Gingersnaps Glenwood

GO: Sports Performance Center Grandview Chiropractic

Grandview Christian Assembly

Grandview Civic Club Grandview Dental Care

Grandview Heights Fire Department

Grandview Heights Police Department

Grandview Heights Theater

Grandview Volunteer Club

Hilliard Assisted Living Home Helpers

Home Well Senior Care

Infinity Windows from Marvin

Interim Health
Interstate Batteries

Joan Etter
JollySteppers
Joyce Healy

Key Realty Kroger Company

Local Cantina Mayfair Village

Medical Mutual MediGold

Methodist ElderCare Services

Moms Demand Action

Ohio Living Westminster-Thurber

Ohio Operation Life

Pathways Financial Credit Union

PDS Planning

Pet People Robert Angus

SCOA

Senior Serve Errand

Service Senior Transition

Experts
Star Beacon Products

Starbucks on 5th

Start Talking Grandview

Tail Wags Playground

The Forum at Knightsbridge

The Laurels at Hilliard

The Warehouse Gym

Tri Village Chamber

U.S. Army Corps of Engineers

Welsey Glenn: Hospice Services At Methodist ElderCare

Whetstone Rehabilitation Center WW Williams

Company

Yelp

Program Registration Information

Dates and Times

Tuesday, November 6
Resident Registration

Tuesday, November 13Non-Resident Registration

Office Hours: 8 a.m. to 5 p.m. Monday through Friday www.grandviewheights.org

Registration Procedures

Walk-In Registration begins Tuesday, November 6 for residents of Grandview Heights and Marble Cliff.

Mail-In Registration must be postmarked Wednesday, November 7 or later. Please send all registrations and correspondence to:

Grandview Heights Parks & Recreation Dept., 1515 Goodale Boulevard Columbus, Ohio 43212

Payment Methods

We accept credit/debit cards from VISA, MasterCard, and Discover. We also accept checks made payable to City of Grandview Heights and cash. Full payment must accompany registration.

Policies and Fees

First priority is given to the residents of Grandview Heights and Marble Cliff.

To receive first priority and resident rates, you must reside in Grandview Heights or Marble Cliff.

Proof of residency such as valid drivers license, photo ID card, or utility bill is required.

Property owners not residing in Grandview Heights or Marble Cliff do not qualify for resident rates.

Participants residing outside of Grandview Heights and Marble Cliff will be charged a Non-Resident rate.

Participants working in Grandview Heights or Marble Cliff do not qualify for resident rates.

Registration & Cancellation

Register promptly to ensure your position in the program. We reserve the right to cancel programs due to insufficient registration or cancellation of facility.

- We will contact you if the program is cancelled.
- We accept registration until the program is full.
- We take names on a waiting list for popular programs.
- Waiting lists are intended to be a source of contact. If a space becomes available you will be called.
- **Program** dates, times, locations and instructors are subject to change.

Refund Policy

In order to cancel and receive a refund (minus a \$10.00 administration fee), you must personally contact the department office 48 hours prior to the first program meeting. Please allow up to four (4) weeks for processing refunds.

Please note: some programs have a no refund policy. This is to ensure maximum preparation and planning for that program.

Gold Medal Award Winners with Financial Donations for 2018

The Grandview Heights Parks and Recreation Department wishes to thank the following



Advanced Wellness AAA Care Boutique Senior Care

Afp Alexander Financial Planning

Balboa

Banner Metals

Bath Fitters

Bicycle One

The Blitz

Capital Scioto Community & Home

Care Concierge

Courtyard Marriott

Destination Grandview

First Community Village

FOP Lodge 9

Fox Fire Golf Course

Front Runner

Golf Car Co.

Grandview Cafe

Grandview Chiropractic Center Grandview Christian Assembly

Grand Event Center Grandview Fire Fighters

Grandview Heights and

Marble Cliff Education Foundation

Grandview Police Dept

High Bank Distillery Co. Hofbrauhaus

Home Advisor

Infinity windows from

Marvin

Interstate Battery

James Hardie

Local Cantina

Mayfair Village

MediGold

Nationwide Children's Sports Med

Orange Theory

Paradise Garage PDS Planning Pathways Financial Credit Union Primrose Grandview

- --

Roll

SCOA – South Central Ohio Anesthesia

Signature Real Estate: Lezley McCurry

Staufs

Starbucks Coffee 5th Ave.

The Recovery Village

Trek

Title Boxing

Tri Village Chamber partnership

Tri-Village Storage

Upper Arlington Veterinary Hospital

Wagenbrenner Co. Westerville Bike Shop

Whetstone

Rehabilitation Center



Proud to be serving as Grandview Heights' City Attorney and helping the community grow.

Bricker & Eckler



www.bricker.com



Grandview Heights Parks Information

Memorial Tree Sale

Trees may be purchased as a way of memorializing a person or an event. A variety of tree species and planting locations are available within the City of Grandview Heights. The cost for a memorial tree varies depending on caliper and species. Included in this cost will be planting, registry in the Memorial Tree Listing and a certificate honoring the occasion. Please call Grandview Heights Parks & Recreation Department at 614-488-3111 for more information or to place an order.

Wallace Gardens

Residents of Grandview and Marble Cliff are invited to garden with us at Wallace Gardens, located on the southwest corner of Goodale Blvd. and Grandview Ave. Two plot sizes ($20' \times 30'$ plots are \$50.00 and $15' \times 20'$ plots are \$35.00) are offered, although there is often a waiting list. Call Parks and Recreation for details at 614-488-3111.

Tennis Court Lighting

Lights at Urlin Courts are available on April 1st–October 31st (weather permitting). They can be operated from dusk until 11:00 p.m.

Shelter House Reservations

Shelter houses are ideal for such gatherings as family reunions, company picnics, club meetings and receptions.

W. W. Williams Shelter at Wyman Woods

Available: April-October

Resident Rate:

Sunday through Thursday: \$120; Friday and Saturday: \$240

Non-Resident Rate:

Sunday through Thursday: \$200; Friday and Saturday: \$400

Reservations are for a maximum of 8 hours, between the hours of 8:00 a.m. and 10:00 p.m. which includes set up and clean up.

There are 144 chairs available along with 18-60" round tables. The tables and 3-6' rectangular serving tables. A small kitchenette area with sink, small refrigerator and microwave is available.

An Alcohol Use Permit is available for the W. W. Williams Shelter, for an additional \$250 permit fee. Please call Grandveiw Heights Parks and Recreation for more details at 614-488-3111.

Refund Schedule: Cancellations must be made by contacting the Parks and Recreation Offices. A refund (less a \$10 administrative fee) shall be issued when the cancellation is made 90 or more days prior to the reservation date. A 50% refund shall be issued when the cancellation is made 30-89 days prior to the reservation date. No refund will be made when the cancellation is less than 30 days prior to the reservation date.

McKinley Field Shelter

Available: Year round Resident rate: \$60 (nonrefundable) Non-Resident rate: \$240 (nonrefundable)

Reservations are for a maximum of 8 hours, to include no more than 5 hours for your event and up to 3 additional hours for set-up and clean-up. There are 24 chairs and eight 6 foot long rectangular-shaped tables available at McKinley Field. A small kitchenette area with a sink, small refrigerator and microwave is available.

Contact the Parks and Recreation
Department for a complete list of rules
and regulations regarding the use of
either shelter, or to check availability.
Proof of residency is required. There is a
limit of no more than two reservations
at one time in a 30 day period per
household, business or group, unless
approved by the Parks and Recreation
Department director.

Reservations for 2019 will be taken beginning January 2, 2019 and February 4, 2019 for Non-Residents.



The Grandview Skate park is the place to be if you're a skateboarder or in-line skater. There is a variety of equipment available.

Dates: Mid September thru Mid May Location: Grandview Municipal Pool Parking Lot

Park closes at dark, rules and regulations are posted at the -Skatepark and must be followed for skating privileges



Protect Our Streams and Rivers Be a Stormwater Steward!

Did you know that the majority of water quality problems in Ohio are the result of non-point source pollution (NPS)? NPS is pollution that cannot be traced to a single source like a pipe outfall. Stormwater runoff is a major source of NPS. Contaminants within this runoff are carried by stormwater straight into our rivers.

Lawn chemicals such as pesticides, herbicides and fertilizer can not only contaminate recreational and drinking water sources, but also harm fish and other aquatic life. Motor oil and antifreeze, paints, detergents and other household chemicals can also poison our waters if we allow them to enter storm drains. Even pet waste can contribute excess nutrients and bacteria to waterways when not properly disposed of.

As a private citizen, there are many ways in which you can reduce your NPS contribution and become a Stormwater Steward:

Don't Litter: Every scrap of paper, cigarette butt and soda bottle you drop on the ground may ultimately find its way into a stream.

Take Your Car to a Car Wash: Unlike your driveway, car washes collect and properly dispose of dirty wash water.

Get a Tune-Up: Cars leaking oil or other fluids contribute toxic chemicals to storm water.

Dispose of Pet Waste: Fido's droppings are loaded with E. coli and other bacteria, not to mention nutrients that cause algae blooms and harm aquatic life. Collect and dispose of pet waste in refuse containers.

Dispose of Household Hazardous Waste Properly: Never dump old paint, solvents or other chemicals down the drain or into the storm sewers.

Limit Use of Lawn and Garden Chemicals and Dispose of Lawn Waste Properly: If you read the label, you'll find that many lawn and garden chemicals are extremely toxic to fish and aquatic insects, not to mention poisonous to humans! Lawn waste should never be dumped down storm drains. Yard waste can be composted, chopped with a power mower for use in landscaping, or bagged for pick-up.

Why Protect Stormwater? Because It's the Law! The City of Grandview Heights Codified Ordinance 937.03 "Stormwater Management Prohibited Discharges" explicitly prohibits any discharge to the storm sewer system that is not composed entirely of stormwater. Illegal dumping/discharging of prohibited substances could result in fines and may be classified as a minor misdemeanor!

You are the eyes of our community. To report illegal dumping or other stormwater issues, contact the City Service Department at 614-488-4728.

Community Information

We invite you to visit the City's website at www.grandviewheights.org. You will find interesting and helpful information for each of the city's departments including contact information, hours of operation, key areas of responsibility as well as program descriptions, forms, permits and other documents. From the Parks and Recreation page, you can view a compete copy of this semi-annual program guide.

That's only the beginning of what is offered: there is a community calendar

highlighting upcoming special events and meetings, and links to multiple community partners like the Grandview City Schools, Public Library, Chamber of Commerce, Historical Society and the Education Foundation. Visitors to the City's website can also view City Council agendas and meeting minutes, apply for a city job, or browse any of the city's codified ordinances.

There's still more... select the Facebook or Twitter icons from the home page to be automatically notified of city news and happenings. Report a concern, or go to "e-News Sign-Up" to be notified via your mobile phone, tablet or other device of upcoming events and meetings. There's even an "Alert Center" which will provide you with emergency information specific to our community should the need arise. We encourage all residents to sign-up for this service. In addition, you can register for many of the city's programs and services, and pay for them, from the website. Be sure to visit grandviewheights.org!

Inclement Weather Line

If you have questions as to whether or not a program or game has been cancelled due to poor weather or field conditions, please call the inclement weather line after 4:00 p.m. at (614) 340-5401.

Photo Release

By registering for any City of Grandview Heights program, you agree to allow publication of any photo taken at any program, event, or facility of the City of Grandview Heights Parks and Recreation Department.



Grandview Heights Service Department

Special Collection

City of Grandview Heights Single-Stream Curbside Recycling Program

The following recyclable materials will be collected for all Grandview Heights and Marble Cliff residents on their regular trash day each week. Recycling collection begins at 7:30 a.m., followed by trash collection at approximately 9:30 a.m.

Recyclable materials may be placed in a reusable, 32 gallon container (50 pounds maximum), display a Recycle Grandview sticker (sticker obtained at 1525 Goodale Blvd.) and placed next to alley, or if no alley exists, on the tree lawn curb strip for collection. Tied plastic trash bags may also be used. Mark "Recycle" on bag. Visit grandviewheights.org or rumpkerecycling.com for more information.

Material	Acceptable	Not Acceptable
Plastic	 Plastic numbers 1–7 only. Rumpke will sort the acceptable materials Labels do not need to be removed Please rinse and flatten 	Buckets, tubs, oil/antifreeze jugs, films or plastic bags
Glass	 Clear, brown green and blue glass bottles and jars in which food products are packaged. Labels do not need to be removed Please rinse 	LidsWindow or drinking glassLight bulbsBroken glass
Paper	 Newspapers with glossy inserts* Magazines and telephone books Brown grocery sacks Cereal and juice boxes Junk mail Pizza boxes and cardboard (broken down) 	 Kleenex Paper towels Paper plates and cups
Cans	 Aluminum and bi-metal beverage cans Steel food and tin cans Labels do not need to be removed Please rinse and flatten 	 Paint cans Coat hangars Steel scrap

Please Recycle! Save Our City On Landfill Fees



Yard Waste

Organic material only, NO plastics.

From April through November, yard waste, if properly bundled or packaged, will be picked up on Monday for all Grandview Heights and Marble Cliff residents. Yard waste shall not be set out earlier than one (1) hour prior to sunset on Sunday. Unless otherwise indicated, bundles or bags of yard waste shall be placed next to the alley or if no alley exists, behind curb at the street.

Tree limbs and shrubbery must be cut and bundled with biodegradable twine or string (no wire, plastics or nylon string). Bundles should be no larger than 2 feet in diameter, 4 feet long and weighing no more than 50 pounds per bundle.

All storm damage must be treated the same as yard waste unless it came from a public tree. All private brush which falls on city right-of-way will be cleared by city crews either by returning the debris to the property of origin or by chipping if it would be more efficient.

Grass, leaves and plant materials must be placed in biodegradable paper or other paper bags, not to exceed 30 gallon capacity (plastic or biodegradable plastic are not permitted).

Neither dirt-covered roots nor soil will be accepted.

Residents may use a refuse container for yard waste. The containers must display a "Yard Waste" sticker (obtained by calling 488-4728), weigh no more than 50 pounds when full, and should not have limbs stick out more than 12" above the top of the container.

From December through March, yard waste may be dropped off at the Service Department between 7:30 a.m. and 3:30 p.m. weekdays or taken directly to Ohio Mulch- 4120 Roberts Road.

Garbage and Refuse Containers

All resident are required to provide their own containers. Containers shall:

- a. Be constructed of galvanized metal or low temperature heavy duty plastic (no oil, grease, or other drums are permitted), shall have a least two handles for lifting, and shall be fitted with tight lids with handles. These containers shall be maintained in good condition and shall be kept clean. Rusted, broken, leaky, unsanitary containers or containers without lids, and/or handles may be marked with a condemned sticker and disposed of by the collector on the next regular collection day.
- b Be properly sealed disposable plastic bags of not less than 3 mils thickness if placed not earlier than one (1) hour prior to sunset the day before collection day.
- c. Have a capacity of not less than ten (10) gallons and not more than thirty-two (32) gallons.
- d. Be sure that bags and cans are manageable and do not exceed 50 lbs.
- Lids are required, to keep trash dry.
 Wet trash is heavy and causes injury to our workers.

2018 Leaf Pick-Up Schedule

The City of Grandview Heights will start regular pick-up the week of October 8 through December 7 (weather permitting) with two routes. A crew will start at Lincoln Road and work its way east to Grandview Avenue. The second crew will start at Grandview Avenue and work east to the corporation line.

Please rake leaves to the tree lawn curb area next to the street. Do not rake leaves into the street as the leaves may block the storm sewers or may start a fire when a car is parked on top of them.

Leaves may also be bagged and left at your normal pick-up area for Monday yard waste pick-up through the end of November. If you bag, please use the large biodegradable lawn and leaf bags.

Please note that no regular yard waste should be intermingled with the leaves. Thank you.

E-Waste Collection

The City of Grandview Heights and Goodwill Columbus will sponsor an e-waste and donation drive. Visit our website at www.grandviewheights.org for more information.

Special Needs

If you are elderly and/or physically disabled, please contact the Department of Service at 614-488-4728 to make special arrangements for solid waste pickup.

2018 Street Sweeping

Weather permitting, street sweeping is tentatively scheduled for early December, after leaf season ends. The exact dates will be advertised in the This Week in Grandview newspapers and our website www.grandviewheights.org.

Your compliance with the "no parking" signs for street sweeping is critical to enable the City to remove debris from the gutters and streets, which, if allowed to accumulate, contributes to localized flooding.

Hazardous Household Materials

For disposal of paint, and other hazard-ous household materials not listed above, please contact the Solid Waste Authority (SWACO) at 614-871-5100 for a schedule of drop-off locations. S.W.A.C.O. will not accept: appliances, tires, trash, propane tanks (over 20 lbs.) asbestos, needles, medical waste, used oil, car batteries, household cleaners and latex paint. Latex paint, when dried, is not considered hazardous and can be disposed in your bagged and tied trash. If the latex paint is not dried, stabilize it with kitty litter or sawdust before disposing of in the trash. Visit www.swaco.org for more information.

1515 Goodale Boulevard Columbus, Ohio 43212 Presorted Standard U.S. Postage PAID Permit No. 1553 Columbus, OH



end or extend this offer at any time. **For Cash Back Offer: Minimum loan amount \$3,000, you will earn 1% of the auto loan balance transferred, maximum cash back amount is \$1,000. We reserve the right to end or extend this promotion at any time. Existing PFCU auto loans not eligible for this offer. Interest will continue to accrue during the skipped period. Restrictions may apply. See credit union for details.